

THIS WEEK'S Eats.

WEEK 1 MENU

FOOD UNION

		Jackets	Pasta	Pizza (To be sold with Side Salad)	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Dessert
MON	Chipotle Chicken Burrito with Sweet Chilli Broccoli or Mixed Salad Vegan Chow Mein with Sweet Chilli Broccoli or Mixed Salad	Baked beans Cheese Tuna Mayo Salmon Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Cajun Chicken Pizza	Vegan Sausage Roll	Ham Salad Baguette Cheese & Tomato Sauce Panini Chicken & Bacon Toastie BLT Demi Baguette Cheese & Pickle Demi Baguette Veggie Ball Marinara Sub	Ham Sandwich Cheese Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Home bakes (see slide 4) Fruit salad pot 93161328 Yoghurt Pot 93035307
TUE	Beef Burger or Feta and Beetroot Burger With Baked Garlic and Herb Potato Wedges (half portion), Corn Slaw and Mixed Salad	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Bacon Pizza		BLT Baguette Chicken Mayo Baguette BBQ Chicken Panini Ham & Cheese Toastie Ham Salad Demi Baguette Cheese & Pickle Demi Baguette	Ham Sandwich Cheese & Tomato Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Fruit Slice (FB) Fruit salad pot 93161328 Yoghurt Pot 93035307
WED	Roast Turkey or Crispy Topped Sweet Potato Crumble 93165395 with Roast Potatoes, Carrots, Peas and Gravy	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Hawaiian Pizza	Vegan Sausage Roll	Ham Salad Baguette Chicken Mayo Baguette Cheese & Tomato Sauce Panini Chicken & Bacon Toastie BLT Demi Baguette Cheese & Pickle Demi Baguette	Ham Sandwich Cheese Salad Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Apple & Cinnamon Strudel (FB) 93042703 with Custard Fruit salad pot 93161328 Yoghurt Pot 93035307
THUR	Chicken Tikka Masala or Yellow Vegetable Curry with Wholegrain Rice, Mixed Salad and Broccoli	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Cajun Chicken Pizza		BLT Baguette Chicken Mayo Baguette BBQ Chicken Panini Ham & Cheese Toastie Ham Salad Demi Baguette Cheese Demi Baguette	Ham Sandwich Cheese & Tomato Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Chocolate slice 93165321 Fruit salad pot 93161328 Yoghurt Pot 93035307
FRI	Battered Fish or Breaded Chicken Strips with Chips Or Dirty Fries with Vege Chilli with Peas and Baked Beans	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Bacon Pizza		Ham Salad Baguette Cheese & Tomato Sauce Panini Chicken & Bacon Toastie BLT Demi Baguette Cheese & Pickle Demi Baguette Veggie Ball Marinara Sub	Ham Sandwich Cheese Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Home bakes (see slide 4) Fruit salad pot 93161328 Yoghurt Pot 93035307

THIS WEEK'S Eats.

WEEK 2 MENU

FOOD UNION

		Jackets	Pasta	Pizza (To be sold with Side Salad)	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Desserts
MON	<p>Sweet Chilli Chicken Noodles with Stir Fried Veg & Sweetcorn</p> <p>Corn, Black Bean & Feta Taco 93162914 with Mexican Yellow Rice with Stir Fried Veg & Sweetcorn</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p> <p>Salmon Mayo</p>	<p>Beef Bolognese</p> <p>Herby Tomato Pasta</p>	<p>Margherita Pizza</p> <p>Cajun Chicken Pizza</p>	<p>Vegan Sausage Roll</p>	<p>Ham Salad Baguette</p> <p>Cheese & Tomato Sauce Panini</p> <p>Chicken & Bacon Toastie</p> <p>BLT Demi Baguette</p> <p>Cheese & Pickle Demi Baguette</p> <p>Veggie Ball Marinara Sub</p>	<p>Ham Sandwich</p> <p>Cheese Sandwich</p> <p>Tuna Mayo Sandwich</p> <p>Egg Mayo Sandwich</p>	<p>Home bakes (see slide 4)</p> <p>Fruit salad pot 93161328</p> <p>Yoghurt Pot 93035307</p>
TUE	<p>Beef Lasagne OR Vegetable Lasagne served with Garlic & Herb Bread (half portion) With Mixed Salad, Broccoli & Peas</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Beef Bolognese</p> <p>Herby Tomato Pasta</p>	<p>Margherita Pizza</p> <p>Bacon Pizza</p>		<p>BLT Baguette</p> <p>Chicken Mayo Baguette</p> <p>BBQ Chicken Panini</p> <p>Ham & Cheese Toastie</p> <p>Ham Salad Demi Baguette</p> <p>Cheese Demi Baguette</p>	<p>Ham Sandwich</p> <p>Cheese & Tomato Sandwich</p> <p>Tuna Mayo Sandwich</p> <p>Egg Mayo Sandwich</p>	<p>Peach shortcake crumble(FB) with custard 93168832 93065567</p> <p>Fruit salad pot 93161328</p> <p>Yoghurt Pot 93035307</p>
WED	<p>Roast Chicken 93147172 OR Sweet Potato & Chickpea Roast with Roast Potatoes, Broccoli, Peas and Gravy</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Beef Bolognese</p> <p>Herby Tomato Pasta</p>	<p>Margherita Pizza</p> <p>Hawaiian Pizza</p>	<p>Vegan Sausage Roll</p>	<p>Ham Salad Baguette</p> <p>Cheese & Tomato Sauce Panini</p> <p>Chicken & Bacon Toastie</p> <p>BLT Demi Baguette</p> <p>Cheese & Pickle Demi Baguette</p> <p>Veggie Ball Marinara Sub</p>	<p>Ham Sandwich</p> <p>Cheese Salad Sandwich</p> <p>Tuna Sweetcorn Sandwich</p> <p>Egg Mayo Sandwich</p>	<p>Banoffee Pie (FB)</p> <p>Fruit salad pot 93161328</p> <p>Yoghurt Pot 93035307</p>
THUR	<p>Chiptole Chicken Soft Taco with Mexican Yellow Rice, Crunchy Raw Slaw & Sweetcorn</p> <p>OR</p> <p>Blackeye Bean Veggie Burger with Cajun Wedges, Crunchy Raw Slaw & Sweetcorn</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Beef Bolognese</p> <p>Herby Tomato Pasta</p>	<p>Margherita Pizza</p> <p>Cajun Chicken Pizza</p>		<p>BLT Baguette</p> <p>Chicken Mayo Baguette</p> <p>BBQ Chicken Panini</p> <p>Ham & Cheese Toastie</p> <p>Ham Salad Demi Baguette</p> <p>Cheese Demi Baguette</p>	<p>Ham Sandwich</p> <p>Cheese & Tomato Sandwich</p> <p>Tuna Mayo Sandwich</p> <p>Egg Mayo Sandwich</p>	<p>Secret Brownie with Chocolate Sauce 93127229</p> <p>Fruit salad pot 93161328</p> <p>Yoghurt Pot 93035307</p>
FRI	<p>Battered Fish OR Breaded Chicken Strips OR Spicy Veg & Bean Quesadilla 93086623</p> <p>with Chips, Baked Beans and Peas</p>	<p>Baked beans</p> <p>Cheese</p> <p>Tuna Mayo</p>	<p>Beef Bolognese</p> <p>Herby Tomato Pasta</p>	<p>Margherita Pizza</p> <p>Bacon Pizza</p>		<p>Ham Salad Baguette</p> <p>Cheese & Tomato Sauce Panini</p> <p>Chicken & Bacon Toastie</p> <p>BLT Demi Baguette</p> <p>Cheese & Pickle Demi Baguette</p> <p>Veggie Ball Marinara Sub</p>	<p>Ham Sandwich</p> <p>Cheese Sandwich</p> <p>Tuna Mayo Sandwich</p> <p>Egg Mayo Sandwich</p>	<p>Home bakes (see slide 4)</p> <p>Fruit salad pot 93161328</p> <p>Yoghurt Pot 93035307</p>

THIS WEEK'S Eats.

WEEK 3 MENU

FOOD UNION

		Jackets	Pasta	Pizza (To be sold with Side Salad)	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Desserts
MON	Pulled Beef Burrito or Veggie Burrito with Sweetcorn and Peas	Baked beans Cheese Tuna Mayo Salmon Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Cajun Chicken Pizza	Vegan Sausage Roll	Ham Salad Baguette Cheese & Tomato Sauce Panini Chicken & Bacon Toastie BLT Demi Baguette Cheese & Pickle Demi Baguette Veggie Ball Marinara Sub	Ham Sandwich Cheese Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Home bakes (see slide 4) Fruit salad pot 93161328 Yoghurt Pot 93035307
TUE	Cajun Chicken Pitta With Lime/Coriander Sauce or Amarillo Sauce Or Blackeye Bean Veggie Burger Chipotle Wedges (Half Portion) Broccoli & Apple Slaw	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Bacon Pizza		BLT Baguette Chicken Mayo Baguette BBQ Chicken Panini Ham & Cheese Toastie Ham Salad Demi Baguette Cheese Demi Baguette	Ham Sandwich Cheese & Tomato Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Berry & Peach Oaty Crumble (FB) with Custard 93168833 93065567 Fruit salad pot 93161328 Yoghurt Pot 93035307
WED	Roast Glazed Ham or Quorn Sausages 93162333 with Roast Potatoes, Carrots, Peas and Gravy Honey Roast Gammon Yorkshire Pudding Wrap	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Hawaiian Pizza	Vegan Sausage Roll	Ham Salad Baguette Cheese & Tomato Sauce Panini Chicken & Bacon Toastie BLT Demi Baguette Cheese & Pickle Demi Baguette Veggie Ball Marinara Sub	Ham Sandwich Cheese Salad Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Chocolate Slice (FB) 93165321 with Chocolate Sauce 93127229 Fruit salad pot 93161328 Yoghurt Pot 93035307
THUR	Chicken Korma or Vegan Thai Green Vegetable Curry and Wholegrain Rice with Lime Spiced Sweetcorn and Green Beans (93153275)	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Cajun Chicken Pizza		BLT Baguette Chicken Mayo Baguette BBQ Chicken Panini Ham & Cheese Toastie Ham Salad Demi Baguette Cheese Demi Baguette	Ham Sandwich Cheese & Tomato Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Apple Cracknell (FB) 93098928 Fruit salad pot 93161328 Yoghurt Pot 93035307
FRI	Battered Fish or Breaded Chicken Strips with Chips Or Dirty Fries with Vege Chilli with Peas and Baked Beans	Baked beans Cheese Tuna Mayo	Beef Bolognese Herby Tomato Pasta	Margherita Pizza Bacon Pizza		Ham Salad Baguette Cheese & Tomato Sauce Panini Chicken & Bacon Toastie BLT Demi Baguette Cheese & Pickle Demi Baguett Veggie Ball Marinara Sub	Ham Sandwich Cheese Sandwich Tuna Mayo Sandwich Egg Mayo Sandwich	Home bakes (see slide 4) Fruit salad pot 93161328 Yoghurt Pot 93035307

THIS WEEK'S Eats.

SALADS & HOMEBAKES

	MON	TUE	WED	THUR	FRI
Must Cook Salads	Lettuce Cucumber Tomato Sweetcorn Peppers Red onion Protein: Cheese 93065471 Tuna Mayo 93156666	Lettuce Cucumber Tomato Sweetcorn Peppers Red onion Protein: Cheese 93065471 Tuna Mayo 93156666	Lettuce Cucumber Tomato Sweetcorn Peppers Red onion Protein: Cheese 93065471 Tuna Mayo 93156666	Lettuce Cucumber Tomato Sweetcorn Peppers Red onion Protein: Cheese 93065471 Tuna Mayo 93156666	Lettuce Cucumber Tomato Sweetcorn Peppers Red onion Protein: Cheese 93065471 Tuna Mayo 93156666
	Coleslaw Pasta salad Cous cous salad Potato salad	Coleslaw Pasta salad Cous cous salad Potato salad	Coleslaw Pasta salad Cous cous salad Potato salad	Coleslaw Pasta salad Cous cous salad Potato salad	Coleslaw Pasta salad Cous cous salad Potato salad
	Chicken & bacon pasta salad Tuna & sweetcorn pasta salad Noodle & Jerk Chicken shaker salad 93040685	Chicken & bacon pasta salad Tuna & sweetcorn pasta salad Noodle & Jerk Chicken shaker salad 93040685	Chicken & bacon pasta salad Tuna & sweetcorn pasta salad Noodle & Jerk Chicken shaker salad 93040685	Chicken & bacon pasta salad Tuna & sweetcorn pasta salad Noodle & Jerk Chicken shaker salad 93040685	Chicken & bacon pasta salad Tuna & sweetcorn pasta salad Noodle & Jerk Chicken shaker salad 93040685
Homebakes	Blueberry muffin Oatie cookie Brownie Plain flapjack 93118988 Raspberry flapjack muffin Sweet waffle	Blueberry muffin Oatie cookie Brownie Plain flapjack 93118988 Raspberry flapjack muffin Sweet waffle	Blueberry muffin Oatie cookie Brownie Plain flapjack 93118988 Raspberry flapjack muffin Sweet waffle	Blueberry muffin Oatie cookie Brownie Plain flapjack 93118988 Raspberry flapjack muffin Sweet waffle	Blueberry muffin Oatie cookie Brownie Plain flapjack 93118988 Raspberry flapjack muffin Sweet waffle

THIS WEEK'S Eats.

MID MORNING BREAK

FOOD UNION

	MON	TUE	WED	THUR	FRI
Must Cook	Bacon Bap Quorn, Cheese & Egg Muffin Ham & Cheese Bagel	Bacon Bap Quorn, Cheese & Egg Muffin Ham & Cheese Bagel	Bacon Bap Quorn, Cheese & Egg Muffin Ham & Cheese Bagel	Bacon Bap Quorn, Cheese & Egg Muffin Ham & Cheese Bagel	Bacon Bap Quorn, Cheese & Egg Muffin Ham & Cheese Bagel
	Toast with Spread Toast with Jam Toasted Teacake with Spread	Toast with Spread Toast with Jam Toasted Teacake with Spread	Toast with Spread Toast with Jam Toasted Teacake with Spread	Toast with Spread Toast with Jam Toasted Teacake with Spread	Toast with Spread Toast with Jam Toasted Teacake with Spread
	Margherita Pizza	Margherita Pizza	Margherita Pizza	Margherita Pizza	Margherita Pizza
	Corn flakes Rice Krispies	Corn flakes Rice Krispies	Corn flakes Rice Krispies	Corn flakes Rice Krispies	Corn flakes Rice Krispies
	Peaches with Homemade granola & Yoghurt 93122002 Fruit salad pot 93161328	Peaches with Homemade granola & Yoghurt 93122002 Fruit salad pot 93161328	Peaches with Homemade granola & Yoghurt 93122002 Fruit salad pot 93161328	Peaches with Homemade granola & Yoghurt 93122002 Fruit salad pot 93161328	Peaches with Homemade granola & Yoghurt 93122002 Fruit salad pot 93161328