



## King Henry VIII School

### Health and Happiness Calendar

2020-2021 *Lechyd a Hapusrwdd*



Events take place throughout the year. They must be promoted in assemblies and Registration sessions, using resources provided.

Week Commencing	Event	Staff Responsible
5 <sup>th</sup> October	World Mental Health Day	JLP and WBT
9 <sup>th</sup> November	Random Acts of Kindness and Children In Need	JLP and WBT
16 <sup>th</sup> November	Anti-Bullying Week	JLP and PALS
22 <sup>nd</sup> February	Comic Relief	JLP and WBT
8 <sup>th</sup> March	International Women's Day	Monmouthshire Youth Enterprise
15 <sup>th</sup> March	Random Act of Kindness – Spring Term	JLP and WBT
17 <sup>th</sup> May	UK Mental Health Week	JLP and WBT
14 <sup>th</sup> June	Physical Health and Mental Happiness Week	JLP and PE Dept.
5 <sup>th</sup> July	Random Act of Kindness Week – Summer Term	JLP and WBT